Back to Memphis

Choreographer: Carol* & George Stayte (UK) * Fully Qualified D & G Instructor. 02392 423925. carol.stayte@ntlworld.com

Description: Partner Dance. (64 Counts) Opposite Footwork Throughout


Music: “That’s How I Got To Memphis by Roch Voisine CD: Americana || (110 bpm) Intro: 16 Counts


GENT:

1 – 2 BOTH: ROCK STEP, SHUFFLE BACK. ROCK STEP, SHUFFLE 1/2 TURN.
1 – 2 Rock fwd on left, recover on right. Rock fwd on right, recover on left.
3 & 4 Left shuffle back. LRL. Right shuffle back. RLR.
5 – 6 Rock back on right, recover on left. Rock back on left, recover on right.
7 & 8 Shuffle 1/2 Turn left on RLR RLOD Shuffle 1/2 Turn right on RLR RLOD.

Note: Count: 7 & 8 Release hands, rejoin inside hands.

2

BOTH: 1/4 TURN, CROSS, LEFT SIDE SHUFFLE, ROCK STEP, RIGHT SIDE SHUFFLE.
1 – 2 1/4 Turn left on left, cross left right over left. 1/4 Turn right on right, cross left over right.
3 & 4 Left side shuffle LRL. Right side shuffle RLR.
5 – 6 Rock right over left, recover on left. Rock left over right, recover on right.
7 & 8 Right Side shuffle RLR. Left Side Shuffle LRL.

Note: Count: 1 – 2 Rejoin hands to Double Hand Hold.

3

GENT: 1/4 TURN STEP FWD (CHANGING SIDES) SHUFFLE FORWARD. WALK. WALK. SHUFFLE FORWARD. LADY: 1/4 TURN STEP FWD SHUFFLE FORWARD. HALF TURN LEFT. SHUFFLE BACK.
1 – 2 Step fwd on left, 1/4 Turn left on right (Travelling In Front of Lady) Step fwd on right 1/4 Turn right on left. (To Gent’s Left)
3 & 4 Left shuffle fwd LRL. Right shuffle fwd RLR.
5 – 6 Walk fwd on right, left. Walk fwd on left, 1/2 Turn left stepping back on right.
7 & 8 Right shuffle fwd RLR. Left shuffle back LRL. (Face To Face)

Note: Count: 1 – 2 (Changing sides) Release Gent’s right hand/Lady’s left. Gent turning under his left/Lady’s right.

Count: 5 – 6 Gent’s Left hand over Lady’s head, rejoin hands into closed Western position.

4

BOTH: STEP POINT X2. ROCK STEP. SHUFFLE BACK (LADY 1/4 TURN INTO WRAP)
1 – 2 Step fwd on left, point right to right side, Step back on right, point left to left side.
3 – 4 Step fwd on right, point left to left side. Step back on left, point right to right side.
5 – 6 Rock fwd on left, recover on right, Rock back on right, recover on left.
7 & 8 Left shuffle back LRL. Shuffle 1/2 Turn left into right wrap RLR RLOD.

Note: Count: 7 & 8 Gent’s Left hand over Lady’s head into right wrap.

5

BOTH: 1/2 TURN, SHUFFLE FORWARD. ROCK STEP, SHUFFLE 1/2 TURN.
1 – 2 Step back on right turning 1/2 Turn right, step fwd on left. RLOD Step back on left turning 1/2 Turn left, step fwd on right.
3 & 4 Right shuffle fwd RLR. RLOD Left shuffle fwd LRL. RLOD.
5 – 6 Rock fwd on left, recover on left. Rock fwd on right, recover on left.
7 & 8 Shuffle 1/2 Turn left on LRL LROD Shuffle 1/2 Turn right on RLR RLOD.

Note: Count: 1 – 2 Release Gent’s right hand/Lady’s left.

Count: 7 & 8 Release hands rejoin to inside hand hold.

6

BOTH: FULL TURN. SHUFFLE FORWARD. SIDE ROCK. CROSS SHUFFLE (CHANGING SIDES)
1 – 2 Full turn left on right, left. (Optional: Walk fwd) Full turn right on left, right.
3 & 4 Right shuffle fwd RLR. Left shuffle fwd LRL.
5 – 6 Rock to side left, recover on right. Rock to side right, recover on left.
7 & 8 Cross shuffle LRL (Travelling behind Lady) Cross shuffle RLR.

Note: Count: 1 – 2 Release hands

Count: 3 & 4 Rejoin to inside hand hold. Count: 7 & 8 (Changing Sides) Change hands to inside hand hold.

7

BOTH: SIDE ROCK, TRIPLE STEP TO FACE. 1/4 TURN TOUCH X2.
1 – 2 Rock to side left, recover on left. Rock to side left, recover on right.
3 & 4 1/4 Turn left on a triple step in place. RLR (Face to Face) 1/4 Turn right on a triple step in place LRL.
5 – 6 1/4 Turn right on left, touch right next to left. LOD 1/4 Turn right on right, touch left next to right. RLOD.
7 – 8 1/4 Turn left stepping back on right, touch left next to right. 1/4 Turn left stepping back on left, touch right next to left.

Note: Count: 3 & 4 Rejoin to Double Hand Hold. Arms spread to the side.

8

BOTH: WALK. WALK. 1/4 TURN (CHANGING SIDES) SHUFFLE FORWARD. STEP LOCK. SHUFFLE FORWARD.
1 – 2 Step fwd on left. 1/4 Turn right on right, (Walking Behind Lady) 1/4 Turn left walking diagonally fwd on right, left.
3 & 4 Left shuffle fwd LRL LOD Right shuffle fwd RLR.LOD.
5 – 6 Walk fwd on right. Lock left behind right. Walk fwd on left. Lock right behind left.
7 & 8 Right shuffle fwd RLR. Left shuffle fwd LRL.

Note: Count: 1 – 2 (Changing sides) Release Gent’s left hand/Lady’s right. Gent’s right over Lady’s head.

START AGAIN