

She's Lonely



Choreographed by : Karen & Nigel Poll - August 2017 pollykaz7@live.co.uk

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Description : 64 count dance, Facing RLOD Holding Right Hands in front & Left Hands behind lady's back - Same Footwork throughout

Music: **She Don't Know She's Lonely - Jon Christopher Davies**

Rock Recover, Shuffle, Lady $\frac{1}{2}$ turn, Man $\frac{1}{2}$ turn, Shuffle

1-4 **Man,** Rock back Right, recover Left, Right Shuffle forward
Lady, Rock back Right, recover Left, Right Shuffle $\frac{1}{2}$ turn Left (facing LOD)
(Lady turning under Right arms - not letting go of Left hands)

5-8 **Man,** Step Forward Left, Pivot $\frac{1}{2}$ Right, Left Shuffle forward (facing LOD)
Lady, Rock Back Left, recover Right, Left Shuffle forward

(Man turns under Right arms ending with left arm behind his back)

Lady Full Turn Left, Man Walk Walk Shuffle, Rocking chair,

9-12 **Man,** Walking Right, Left, Right shuffle forward (facing LOD)
Lady, Turn $\frac{1}{2}$ Left step back on Right, Turn $\frac{1}{2}$ Left Step forward Left, Right Shuffle forward
(Drop Left hands, keep Right hands Low turning lady, pick up Left hands in front)

13-16 **Both,** Rock Forward Left, recover Right, Rock Back Left, recover Right

Lady $\frac{1}{2}$ Turn, Man Rock Recover Shuffle, Walk Right, Left Shuffle $\frac{1}{2}$ Pinwheel

17-20 **Man,** Rock Forward Left, recover Right, Left Shuffle back (facing LOD)
Lady, Step Forward Left, Pivot $\frac{1}{2}$ Right, Left Shuffle forward (facing RLOD)

(Lady turning under Left arms, ending arms crossed Left hands on top)

21-24 **Both,** Walk Right, Left, Right Shuffle turning $\frac{1}{2}$ turn Right (Pinwheel turn)

(Man facing RLOD, Lady LOD)

Walk Left, Right, Left Shuffle, Man behind Lady (into Indian Position) Walk, Walk, Shuffle

25-28 **Man,** Walk Left, Right, Left Shuffle turning $\frac{1}{2}$ turn Right (walking behind Lady into Indian Position)
Lady, Walk forward Left, Right, Left shuffle (in front of man into LOD under Left Arms)

29-32 **Both,** Walk Right, Left, Right Shuffle (Facing LOD)

Cross Rock, Recover, Shuffle $\frac{1}{4}$ Turn, Step Pivot $\frac{3}{4}$ Turn, Side Shuffle

33-36 **Both,** Cross Rock Left over Right, recover Right, Left shuffle $\frac{1}{4}$ turn Left (facing ILOD)

37-40 **Both,** Step Forward Right Pivot $\frac{1}{2}$ turn Left, Turn $\frac{1}{4}$ turn Left, Right Side Shuffle,
(Drop Right Hands, turn under Left arms, to finish in Sweetheart position, facing LOD)

Rock Back, Recover, Shuffle, Step Forward Lock Shuffle

41-44 **Both,** Rock Back Left, recover Right, Left Shuffle Forward

45-48 **Both,** Step Forward Right, Lock Left behind Right, Right Shuffle Forward

Lady $\frac{1}{2}$ Turn Shuffle, Box Step Shuffle

49-52 **Man,** Walk Left, Right, Left Shuffle (facing LOD)

Lady, Turn $\frac{1}{2}$ Right Step back Left, Step back Right, Left Shuffle back (facing RLOD)
(Turning under Left arms ending, Left shoulder to Left shoulder keeping hold of Left hands)

53-56 **Both,** Step Right to Side, Close Left beside Right, Right Shuffle forward,

Man Walk Left, Right, Shuffle Forward turning $\frac{1}{2}$ behind Lady, Back Rocking Chair

57-60 **Man,** Walk Left, Right turning $\frac{1}{2}$ Left, Left Shuffle Forward (finish facing RLOD beside lady)

Lady, Step Side Left, Close Right Beside Left, Left Shuffle Back

61-64 **Both,** Rock Back Right, Recover Left, Rock Forward Right, Recover Left

(Pick up Right Hands in front, keeping Left Hands behind Lady's back)

Start Again