

Gotta Dance For Us a.k.a. Some Days We Gotta Dance



Choreographed by Michael Schmidt 12/2016 - Rev. 1

adapted from the line dance "Some Days You Gotta Dance"

Description: 64 count / Intermediate Partner Dance

Music: **Some Days You Gotta Dance** - Keith Urban [176 bpm] (1997) – restart *(played by local bands)*

Alternative: **Bing Bang Boom** - Highway 101 [173 bpm] (NO restart)

(Suggestions) **One More Last Chance** - Vince Gill [177 bpm] (NO restart) *(played by local bands)*

Find Out What's Happenin' - Tanya Tucker [176 bpm] (NO restart)

Drinkin' Dark Whiskey - Garry Allan [174 bpm] (NO restart)

The Fireman - George Strait [170 bpm] (NO restart) *(played by local bands)*

South Side Of Dixie - Vince Gill [172 bpm] (NO restart)

Info: "Some Days You Gotta Dance" Start after 48 counts (or 8 counts after vocals "ahaa")

There is a restart for "Some Days You Gotta Dance" only !

Position: Right Shoulder to Right Shoulder, slightly diagonal, holding Right Hands

Man facing LOD, Lady in front of Man facing RLOD,

Same footwork except where noted

Sec 1 M: Right Rock, Recover, Back, Hold, Left Coaster Step, Scuff

L: Right Rock Back, Recover, Step, Hold, ¼ Turn, ¼ Turn, Together, Scuff

1-4 **M:** Rock Right forward, Recover Weight onto Left, Step Right next to Left, Hold

L: Rock Right back, Recover Weight onto Left, Step Right next to Left, Hold

5-8 **M:** Step Left Back, Recover Weight onto Right, Step Left forward, Scuff Right forward

L: ¼ Turn left stepping Left forward, ¼ Turn left stepping back on Right *(the Lady turns towards Man's right side)*, Step Left next to Right, Scuff Right forward (LOD)

* *keep right Hands & join left Hands after Lady's turn ending in Sweetheart Position*

Sec 2 Right Step Lock Step, Scuff, Left Step Lock Step, Scuff

1-4 Step Right forward, Lock Left behind Right, Step Right forward, Scuff Left forward

5-8 Step Light forward, Lock Right behind Left, Step Left forward, Scuff Right forward

Sec 3 ½ Turn Back, Hold, Back Lock Back, Kick (Hitch)

1-4 ¼ Turn left stepping Right to right side, Step Left next to Right,

¼ Turn left stepping Right back, Hold (RLOD)

5-8 Step back on Left, Lock Right in front of Left, Step back on Left, Kick Right slightly forward
(Option for count 8: Lift Right Knee)

* *release left Hands on count 1, raise right Arms over Lady's Head, rejoin left Hands in front after the Turn (Reverse Hammerlock), both facing RLOD*

Sec 4 Right Coaster Step, Hold, Step ¼ Turn Cross, Hold

1-4 Step Right Back, Step Left next to Right, Step Right forward, Hold

5-6 Step Left forward, ¼ Turn Right *(weight onto Right)* (ILOD)

7-8 Cross Left over Right, Hold

* *keep Hands turning into Indian Reverse Position (the Lady behind the Man), both facing inside*

Sec 5 Side, Touch, ¼ Turn, Scuff, ¼ Turn, Touch, ¼ Turn, Scuff

1-2 Step Right to right side, Touch Left beside Right

3-4 ¼ Turn left stepping forward onto Left, Scuff Right forward (RLOD)

5-6 ¼ Turn left stepping Right to right side, Touch Left beside Right (OLOD)

7-8 ¼ left stepping forward onto Left, Scuff Right forward (LOD)

* *release right Hands on count 3, raise left Arms back over Lady's Head, rejoin right Hands on count 5 back into Sweetheart Position*

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Sec 6 Run Run Run, Kick, **M:** Back Back Back, Hold (**L:** ¼ Turn, Together, ¼ Turn, Hold)

1-4 3 small Steps (Runs) forward (R-L-R), Kick Left forward

5-8 **M:** 3 small Steps back (L-R-L), Hold

L: ¼ Turn left stepping Left slightly to left side, Step Right next to Left,

¼ Turn left stepping slightly forward onto Left, Hold (**RLOD**)

* *keep Hands, on count 5 raise right Arms over Lady's Head, the Lady is (slightly diagonal) in front of the Man, finish Hands crossed in front, right Hands on top*

Sec 7 Scissor Step Right, Hold, Scissor Step Left, Hold

1-4 Step Right to right side, Step Left next to Right, Cross Right over Left, Hold

5-8 Step Left to left side, Step Right next to Left, Cross Left over Right, Hold

* *release left Hands on count 4, keep right Hands ending into Start Position facing each other*

*** **Restart here in Round 2** (ONLY for the main title "Some Days You Gotta Dance" see note below)

Sec 8 Jazzbox with Toe Struts

1-2 Cross Right Toe over Left, Drop Right Heel down

3-4 Touch Left Toe back, Drop Left Heel down

5-6 Touch Right Toe to right side, Drop Right Heel down

7-8 Touch Left Toe next to Right, Drop Left Heel down

.... hold your girl, smile & have fun

*** **Restart:** [**Note:** for "Some Days You Gotta Dance" only]

(*easy restart*) Round 2 – restart after 56 Counts

(*for harmonic split floor with the line dance version "Some Days You Gotta Dance" by Michael Schmidt*)

Channels

Song: <https://www.youtube.com/watch?v=glqkuvpYZNM>

(Keith Urban)

<https://www.youtube.com/watch?v=zHZ3plhLSJc>

(Highway 101)

Dance: coming soon

youtube: <https://www.youtube.com/user/BootsInTrouble/videos>

<https://www.youtube.com/channel/UCqQj9WcP-R8-om1uklJoZPA>

vimeo: <https://vimeo.com/bootsintrouble/>

